



**Primary Care Clinic of Austin**

Sukanya Burugu, MD  
11615 Angus Road, Suite 108  
Austin, TX 78759  
(512) 372-4400 Phone (512) 372- 4402 Fax

**Personal Information:**

Last Name: \_\_\_\_\_ First Name: \_\_\_\_\_ Date of Birth: \_\_\_\_\_

Home Address: \_\_\_\_\_ City: \_\_\_\_\_ State: \_\_\_\_\_ Zip: \_\_\_\_\_

Home Phone: \_\_\_\_\_ Cell Phone: \_\_\_\_\_ Email: \_\_\_\_\_

Sex:  Male  Female Marital Status:  Single  Married  Widowed  Divorced

Emergency Contact: \_\_\_\_\_ Emergency Contact Number: \_\_\_\_\_

**Medical Insurance Information:**

Primary Insurance: \_\_\_\_\_

Name of Subscriber: \_\_\_\_\_

Secondary Insurance: \_\_\_\_\_

Name of Subscriber: \_\_\_\_\_

Policy #: \_\_\_\_\_

Group #: \_\_\_\_\_

Policy #: \_\_\_\_\_

Group #: \_\_\_\_\_

Medicaid # \_\_\_\_\_

Medicare # \_\_\_\_\_

**Pharmacy Information:**

Preferred Pharmacy: \_\_\_\_\_ Phone #: \_\_\_\_\_

Pharmacy Address: \_\_\_\_\_

**Hospitalizations and Surgeries:**

Reason: \_\_\_\_\_ Date: \_\_\_\_\_

Reason: \_\_\_\_\_ Date: \_\_\_\_\_

Reason: \_\_\_\_\_ Date: \_\_\_\_\_

**Private Insurance Authorization for Assignment of Benefits/Information Release:**

I, the undersigned authorize payment of medical benefits to Sukanya Burugu, MD for any services furnished by the physician. I understand that I'm financially responsible for any amount not covered by my contract. I also authorize you to release to my insurance company or their agent information concerning health care, advice, treatment, or supplies provided to me. This information will be used for the purpose of evaluating or administering claims of benefits.

\_\_\_\_\_  
Patient, Parent, or Legal Guardian.

\_\_\_\_\_  
Date

By Signing below, I hereby certify that to the best of my knowledge all the information I have furnished on this form is complete, true, and accurate.

Signature: \_\_\_\_\_ Date: \_\_\_\_\_



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**Substance Use:**

Use of Tobacco: Type and How long? \_\_\_\_\_  
Do you want to quit? YES or NO Have you tried to quit? YES or NO Were you successful? YES or NO  
Use of Alcohol: Type and How long? \_\_\_\_\_  
Have you ever felt the need to quit? YES or NO Have you tried to quit? YES or NO  
Have friends or family members ever expressed concern? YES or NO  
Use of Recreational and Non-prescription Drugs: Type and How long? \_\_\_\_\_  
Have you ever been treated for drug or alcohol dependency? YES or NO

**Additional:**

Do you have or have you ever had an eating disorder? YES NO  
Do you have any unwanted scars, moles, ages spots, or hair? YES NO  
Are you interested in anti-aging or skin care treatment? YES NO

**Female Patients Only:**

Are you currently pregnant? YES NO  
Are you nursing? YES NO  
Are you taking birth control? YES NO If so, what type? \_\_\_\_\_  
Are you on estrogen replacement? YES NO  
Approximate date of your last menstrual cycle? \_\_\_\_\_

**Medical History:**

Reason for visit: \_\_\_\_\_ Date last seen by a physician: \_\_\_\_\_  
Are you currently or have you been under the care of a healthcare provider in the last 3 years? YES NO  
If so, why? \_\_\_\_\_  
Name of Healthcare provider: \_\_\_\_\_  
Provider address: \_\_\_\_\_ Provider Phone #: \_\_\_\_\_

**Medications:**

Current Prescription Medications: Dosage Frequency  
\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_  
Over the Counter Medications, Vitamins, or Herbal Supplements: Dosage Frequency  
\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

Have you EVER taken any prescription weight-loss drugs, including Fen-Phen (fenfluramine-phentermine), Redux (dexfenfluramine), and/or Pondimin (fenfluramine)? YES NO

**Allergies:**

Name: \_\_\_\_\_ Reaction (hash, hives, swelling, etc.): \_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

**Specifically, are you allergic to the following:**

Latex? YES NO Penicillin? YES NO  
Erythromycin? YES NO Tetracycline? YES NO  
Codeine? YES NO Hydrocodone? YES NO  
Dental Anesthetics (Novacaine, Lidocaine, etc.)?

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**Review of Systems:** Please indicate whether you have ever had any of the following:

**ALLERGY/ENT:**

- HAY FEVER
- SEASONAL ALLERGIES
- SINUS PROBLEMS

**CARDIOVASCULAR:**

- ARTIFICIAL HEART VALVE
- HEART DISEASE
- HEART MURMUR
- HEART ATTACK OR MI
- HEART SURGERY (CABG, HEART CATHETERIZATION , ETC.)
- HIGH BLOOD PRESSURE - HYPERTENSION
- PACEMAKER
- SWOLLEN ANKLES

**ENDOCRINE:**

- DIABETES
- POLYCYSTIC OVARIAN SYNDROME
- THYROID DISORDERS
- HIRSUTISM - EXCESSIVE HAIR

**GASTROINTESTINAL:**

- LIVER PROBLEMS
- ULCERS
- REFLUX - GERD

**ONCOLOGY:**

- CANCER
- CHEMOTHERAPY
- RADIATION THERAPY

**SKIN:**

- COLD SORES / FEVER BLISTERS
- CHANGE IN MOLES

**HEMATOLOGY:**

- ABNORMAL BLEEDING
- BRUISE EASILY
- ANEMIA
- BLOOD DISEASES
- BLOOD TRANSFUSIONS
- HEMOPHILIA
- SICKLE CELL DISEASE
- SPIDER OR VARICOSE VEINS

**INFECTIONS:**

- RHEUMATIC FEVER
- HEPATITIS A B C
- HIV POSITIVE
- AIDS
- SHINGLES

**NEUROLOGICAL:**

- EPILEPSY - SEIZURES
- FAINTING / DIZZY SPELLS
- FREQUENT HEADACHES
- STROKE OR TI
- OTHER NEURO DISORDERS:  
\_\_\_\_\_

**OPHTHALMOLOGY:**

- CATARACTS
- GLAUCOMA

**PSYCHIATRIC CARE:**

- ANXIETY
- DEPRESSION
- BIPOLAR DISORDER
- SCHIZOPHRENIA
- PSYCHIATRIC CARE

**RENAL / UROLOGICAL:**

- KIDNEY STONES
- FREQUENT URINATION
- FREQUENT BLADDER INFECTIONS
- BLOOD IN THE URINE
- PROSTATE PROBLEMS (BPH)
- KIDNEY PROBLEMS

**RESPIRATORY:**

- ASTHMA
- CHRONIC COUGH
- DIFFICULTY BREATHING
- EMPHYSEMA
- TUBERCULOSIS

**MUSCULOSKELETAL:**

- ARTHRITIS (RHEUMATOID/OSTEOARTHRITIS)
- ARTIFICIAL JOINTS  
IF SO, WHAT? \_\_\_\_\_
- CHRONIC BACK PROBLEMS  
IF SO, DID YOU HAVE SURGERY?  
YES NO  
IF SO, WHEN? \_\_\_\_\_

**GENERAL:**

- UNPLANNED RECENT WEIGHT LOSS / GAIN (10lbs or More)
- VENEREAL DISEASES OR SEXUALLY TRANSMITTED DISEASES
- OTHER: \_\_\_\_\_

Childhood Illness:  MEASLES  MUMPS  RUBELLA  CHICKENPOX  RHEUMATIC FEVER  POLIO  
 Immunizations and Dates:  TETANUS  HEPATITIS  INFLUENZA  PNEUMONIA  CHICKENPOX  MMR

By Signing below, I hereby certify that to the best of my knowledge all the information I have furnished on this form is complete, true, and accurate.

Signature: \_\_\_\_\_ Date: \_\_\_\_\_



**PATIENT SYMPTOMS UPDATE**  
**PRIMARY CARE CLINIC OF AUSTIN**  
**Providers: SUKANYA BURUGU, M.D**

Patient Name: \_\_\_\_\_ Today's Date: \_\_\_\_\_ DOB: \_\_\_\_\_ AGE: \_\_\_\_\_  
 Best Daytime #: \_\_\_\_\_ Best Evening #: \_\_\_\_\_ e-mail: \_\_\_\_\_  
 Height: \_\_\_\_\_ Weight: \_\_\_\_\_ ( ) OK to leave message? Y / N

General Health Questions:	I have had these symptoms/conditions for:	0-3 months	3-6 months	OVER 6 months
High Blood Pressure, Low Blood Pressure, Rapid Heart Rate, Irregular Heart Rate, etc				Y / N
High Cholesterol				Y / N
Difficult Breathing (COPD, Asthma, etc)				Y / N
Digestive Disturbances (Indigestion, Constipation, Irritable Bowel Syndrome, etc)				Y / N
Endocrine (Diabetes, Thyroid, etc)				Y / N
Chronic Pain Syndromes (Chronic Fatigue Syndrome, Fibromyalgia, etc)				Y / N
Migraines or Other Headaches				Y / N

Neurological & Brain Function:	I have had these symptoms/conditions for:	0-3 months	3-6 months	OVER 6 months
Do you have a history of Epilepsy or Seizure activity? When: _____				Y / N
Have you ever had abnormal involuntary muscle contractions, jerking or convulsions?				Y / N
Have you ever had a Stroke / Mini-Stroke? If yes, did you lose consciousness or have loss of awareness?				Y / N
Have you ever had a concussion? If yes, did you lose consciousness?				Y / N
Have you ever Fainted or had any unexplained loss of consciousness? Please explain: _____				Y / N
Have you ever had unexplained episodes of Confusion or Loss of Awareness?				Y / N
Do you ever feel Disoriented, feel Brain Fog, Zone Out, lose track of time or where you are?				Y / N

Quality of Sleep:	I have had these symptoms/conditions for:	0-3 months	3-6 months	OVER 6 months
Do you stop breathing, choke, or gasp for air during sleep?				Y / N
Do your legs kick at night and interfere with your sleep?				Y / N
Have you been told that you snore loudly?				Y / N
Do you have difficulty falling and staying asleep?				Y / N
How many hours of restful sleep do you get most nights?				
How likely are you to Doze off or Fall Asleep in the following situations? (0=Never,1=Slight,2=Moderate,3=High)				
Sitting and Reading	0 1 2 3	Lying Down to Rest in the Afternoon	0 1 2 3	
Watching Television	0 1 2 3	While Having a Relaxed Conversation	0 1 2 3	
Sitting Quietly After Lunch	0 1 2 3	In a Car While Stopped at a Traffic Signal	0 1 2 3	
As a Passenger in a Car for One Hour	0 1 2 3	Sitting Inactive in a Seminar, Theater or Meeting	0 1 2 3	

Bladder Function:	I have had these symptoms/conditions for:	0-3 months	3-6 months	OVER 6 months
Do you lose urine while coughing, sneezing, laughing, lifting, jumping or running?				Y / N
Do you use protective undergarments because you cannot hold your urine?				Y / N
Do you wet your clothing because you cannot make it to the bathroom in time?				Y / N
Do you have to hurry to empty your bladder when full?				Y / N
How often do you; urinate during the day? _____ times; wake to urinate during the night? _____ times				

Balance & Fall Prevention:	I have had these symptoms/conditions for:	0-3 months	3-6 months	OVER 6 months
Have you ever Fainted, Lost Your Balance, Feel Dizzy or Unsteady?				Y / N
Does dizziness or imbalance problems interfere with your job or your household responsibilities?				Y / N
Do you feel dizzy when rising from a seated or lying position?				Y / N
Have you fallen more than once in the past year?				Y / N

<b>Nerve and Muscle Function:</b>	<b>I have had these symptoms/conditions for:</b>	<b>0-3 months</b>	<b>3-6 months</b>	<b>OVER 6 months</b>
<b>Do you experience ANY of the following (please check those that apply):</b>				
<input type="checkbox"/> Radiating Pain, <input type="checkbox"/> Numbness, <input type="checkbox"/> Tingling, <input type="checkbox"/> Burning, <input type="checkbox"/> Coldness, <input type="checkbox"/> Sharp Pain, <input type="checkbox"/> Dull Pain				
In The:	<input type="checkbox"/> Neck, <input type="checkbox"/> Shoulders, <input type="checkbox"/> Arms or <input type="checkbox"/> Hands (ie Upper extremities)			Y / N
In The:	<input type="checkbox"/> Low Back, <input type="checkbox"/> Hips or <input type="checkbox"/> Legs (ie Lower Extremities)			Y / N
Have you experienced loss of motion or weakness in your neck, shoulders, arms or hands?				Y / N
Have you experienced loss of motion or weakness in your low back, hips or legs?				Y / N
Have you been told that you have Neuritis or Neuropathy?				Y / N

<b>Cognitive Brain Function:</b>	<b>I have had these symptoms/conditions for:</b>	<b>0-3 months</b>	<b>3-6 months</b>	<b>OVER 6 months</b>
Have daily problems with making judgments or decisions?				
Have daily problems with memory / Repeat the same things over and over again (questions, stories, statements) ?				
Have you been told that you may have dementia or pre-dementia?				
Have feelings of Anxiety and/or Depression?				
Have trouble handling financial affairs (paying bills) or learning how to use a tool, appliance or gadgets?				

<b>Cognitive Behavioral Function:</b>	<b>I have had these symptoms/conditions for:</b>	<b>0-3 months</b>	<b>3-6 months</b>	<b>OVER 6 months</b>
Have difficulty getting organized or Avoid getting started on a challenging task?				
Have trouble completing assignments or tasks?				
Fidget or squirm with your hands or feet when you have to sit for a long time?				
Feel overly active or feel like you have to constantly do something, like you were driven by a motor?				

<b>Allergy &amp; Immunology:</b>	<b>I have had these symptoms/conditions for:</b>	<b>0-3 months</b>	<b>3-6 months</b>	<b>OVER 6 months</b>
Do you have Allergy and Hay Fever symptoms, such as sneezing, watery nasal drainage and nasal itching?				
Do you have persistent nasal congestion and/or post nasal drip?				
Do you have sinus problems, frequent colds, sinus headaches?				
Do your eyes itch, water, get red and/or swell?				
Do you have asthma, tight chest, and or persistent cough?				
Do you have skin problems such as eczema, hives or itching?				
Are you aware of any Food Allergies that you may have?				
<b>My Symptoms are Worse when:</b>				
<input type="checkbox"/> Seasons Change <input type="checkbox"/> going from indoors to outdoors <input type="checkbox"/> in parks and grassy areas <input type="checkbox"/> around animals				
<input type="checkbox"/> while vacuuming or around dust <input type="checkbox"/> in the morning and/or after waking				
Do you take medications to control your allergies? If so, describe: _____				Y / N
Do they help?				

Major Accidents/Traumas: \_\_\_\_\_

Major Surgeries: \_\_\_\_\_

Medications: \_\_\_\_\_

**This Patient Symptoms Update, which will be part of your medical record, lists symptoms and other factors that may allow your physician to recommend appropriate diagnostic studies to better manage your care. Upon review and approval, you may be contacted by our Medical Services Scheduling Company to schedule these tests.**

Patient Signature: \_\_\_\_\_ Date: \_\_\_\_\_

(rev 5-31-2017, Fax 281-310-6330)



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**HIPAA PRIVACY  
 AUTHORIZATION FOR USE AND DISCLOSURE OF PERSONAL HEALTH INFORMATION**

This authorization is prepared pursuant to the requirements of the Health Insurance Portability and Accountability Act of 1996. (P.L. 104-191), 42 U.S.C. Section 1320d. et. seq. and regulations promulgated thereunder, as amended from time to time.

This authorization affects your rights in the privacy of your healthcare information. Please read carefully before signing.

Primary Care Clinic of Austin, PCCA, will not condition treatment payment, enrollment in a health plan, or eligibility of benefits, as applicable, on your providing authorization for the requested use or disclosure.  
**YOU MAY REFUSE TO SIGN THIS AUTHORIZATION.**

- By signing this authorization you acknowledge and agree that PCCA may use or disclose \_\_\_\_\_ (describe information) for the purpose of \_\_\_\_\_ (describe intended use).
- By signing this authorization you agree that PCCA or its Business Associates may disclose your personal health care information to \_\_\_\_\_ (identify intended recipients).

Further, by signing this authorization you acknowledge that you have been provided a copy of and have read and understand that PCCA's HIPAA Privacy Policy Notice containing a complete description of your rights, and the permitted uses and disclosures, under HIPAA. While Covered Entity has reserved the right to to change the terms of the Policy's Notice, copies of the Privacy Notice, as amended are available from Covered Entity at any of its offices or by sending a written request with return address to 11615 Angus Road, Suite 108, Austin, Texas 78759.

In accordance with your rights under and subject to certain restrictions imposed by, HIPAA, you may inspect or copy your PHI in the designated record set maintained by PCCA, for as long as PHI is maintained by the designated record set. You have the right to revoke this authorization, in writing, at any time, except to the extent that PCCA has taken action in reliance on it. A revocation is effective upon receipt by PCCA of a written request to revoke and a copy of the executed authorization form to be revoked at the address listed above.

This authorization shall expire upon the earlier occurrence of: (a) revocation of this authorization (b) a finding by the Secretary of the U.S. Department of Health and Human Services, Office of Civil Rights that this authorization is not in compliance with HIPAA, (c) complete satisfaction with the purposes for which this authorization was originally obtained, to be determined in the reasonable discretion of PCCA, or (d) six years from the date this authorization was executed.

By signing this authorization you acknowledge and agree that any information used or disclosed pursuant to this authorization could be at risk for re-disclosure by the recipient and no longer protected under HIPAA.

Acknowledge and agreed to by:

\_\_\_\_\_  
 Patient Print

\_\_\_\_\_  
 Patient Signature

\_\_\_\_\_  
 Date



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**AUTHORIZATION FOR RELEASE OF MEDICAL RECORD INFORMATION**

I, \_\_\_\_\_ date of birth \_\_\_\_\_ authorize

Facility: \_\_\_\_\_ Fax # \_\_\_\_\_

To release information contained in my patient records to the individual(s) and organization(s) and only under the condition below:

Sukanya Burugu, MD  
11615 Angus Road, Suite 108  
Austin, TX 78759  
(t) 512.372.4400 (f) 512.372.4402

Specific type of information to be disclosed:

- \_\_\_\_\_ Entire Records
- \_\_\_\_\_ Labs
- \_\_\_\_\_ Other

Restrictions: Only medical records originated through this healthcare facility will be copied unless otherwise directed. This authorization is valid only for the release of medical information dated prior to and including the dates on this authorization unless other dates are specified. I understand the information in my health record may include information relating to sexually transmitted diseases, acquired immunodeficiency syndrome (AIDS), or human immunodeficiency virus (HIV). It may also included information about behavioral or mental health services, and treatment for alcohol and drug abuse. This information may be disclosed and used by the following individual or organizations. I understand I may revoke this authorization at any time. I understand that if I revoke this authorization I must do so in writing and present my written revocation to the health information management department. I understand that the revocation will not apply to information that has already been released in response to this authorization. I understand that the revocation will not apply to my insurance company when the law provides my insurer with the right to contest a claim under my policy. I understand that authorizing this disclosure of this health information is voluntary. I can refuse to sign this authorization. I need not to sign this form in order to assure treatment. I understand that I may inspect and obtain a copy of the information to be used or disclosed, as provided in CFR 164.524. I understand that any disclosure of information carries with it the potential for unauthorized redisclosure and the information may not be protected by federal confidentiality rules. If I have questions about disclosure of my health information, I can contact the authorized individual or organization making disclosure.

I have read the above foregoing Authorization for Release of information and do hereby acknowledge that I am familiar with and fully understand the terms and conditions of this authorization:

\_\_\_\_\_  
Patient, Parent, or Legal Guardian Printed

\_\_\_\_\_  
Signature

\_\_\_\_\_  
Date